

## Beginning Hiking Itinerary Summer, 2008

**Dates:** 5 Wednesdays, June 18 – July 30 (no class July 2 and 9)

**Class Time:** 6 – 9 pm

**Instructor:** Sharon Barnett

**What to bring:** We hike in all weather conditions. The following suggestions will make for an enjoyable day.

Dress in layers. Synthetic clothing is best!

Windbreaker / jacket for windy / foggy weather (rainy season: waterproof jacket / pants / boots)

Sturdy hiking shoes with ankle support

Water and a snack

Sun hat (fleece or wool hat for cooler weather)

Sunscreen

Hiking poles help with balance, bring them if you use them

Binoculars and camera may enhance your experience

Change of shoes / clothes for after hike

**Notes:** Do not leave valuables in your car at trailheads. Sorry, no dogs allowed. Some hikes will include an additional parking fee (see each hike listed below).

**Directions:** meeting places and directions are subject to change, please check in with instructor if you missed the prior class to confirm meeting place.

### **June 18: China Camp State Park, San Rafael**

Take Sir Francis Drake Blvd to Hwy 101 North. Exit North San Pedro Road EAST. Go 3.1 miles to the Back Ranch Meadows Campground-park along N. San Pedro Rd. 25 minutes from College of Marin. **No restrooms. Please bring your completed medical form and this itinerary to the first class.**

### **June 25: Bon Tempe Lake, Mount Tamalpais / MMWD Lands**

Take Sir Francis Drake Blvd west until you get to Fairfax town limits. Just as you go over a small hill you will see gas station on your left, turn left here onto Pacheco (sign is on right side of Rd) and at stop sign take immediate right onto Broadway (movie theatre will be on your left). At the next stop sign make a left onto Bolinas Ave. Continue for 1.5 miles, you will pass Deer Park Villa on left, continue up the winding hill and at 700 Bolinas Rd there is a wooded sign on your left saying "Lake Lagunitas". Turn left onto Sky Oaks Rd; go up approximately ¼ mile and you will reach the Sky Oaks Entrance (If you miss the Sky Oaks Rd turn-off and you get to the Meadow Club golf course you have gone too far). **\$7.00 Vehicle Entrance Fee is required.** Take a right to Bon Tempe Dam. Restrooms. 30 minutes from College of Marin.

**July 2:   \*\*NO CLASS\*\***

**July 9:   \*\*NO CLASS\*\***

**July 16: Hidden Meadow / Yolanda Trail Phoenix Lake, Ross**

Take Sir Francis Drake past College of Marin, take a left onto Lagunitas (Marin Art and Garden Center is on your right). Follow all the way to Natalie Greene Park (entrance to Phoenix Lake). Restrooms. 10 minutes from College of Marin. **LIMITED PARKING: plan on arriving 15 minutes early to allow time to find parking.**

**July 23: Las Gallinas Ponds (near McInnis Park), Terre Linda**

Take Hwy 101 North to Terre Linda, take the Lucas Valley/Smith Ranch Road exit. Turn right (east) onto Smith Ranch Rd. to the McInnis Park entrance, turn left immediately after crossing the railroad track ( if you go as far as the entrance to the park you've gone too far). This is still Smith Ranch Rd., but it is not well marked. Follow this road (past the skate park on right) to the end. At the sign and first building, stay to the left and continue until you see the parking lot on the left, or if full, park along the road. Excellent birding area, bring binoculars if you have them. Restrooms. 20 minutes from College of Marin.

**July 30: Panoramic – Lost – Sierra Trails, Mt. Tam / Muir Woods \***

Take 101 south and exit Stinson Beach/Hwy 1. At light, turn left onto Hwy 1, at second light, take another left (onto Hwy 1) and continue winding westward up the mountain for about 3 miles. Turn right onto Panoramic Hwy. WARNING: 4 way intersection is dangerous-traffic from left (Muir Woods) and right have a stop sign, you and oncoming traffic do not stop, so go slow! Take the middle road and continue to follow Panoramic Hwy for 2.5 miles to the parking area on your left-across from the Mountain Home Inn. Restrooms. 30+ minutes from College of Marin. Parking is limited.

***\*Everyone is welcome to join Sharon for a bite to eat after this hike. Restaurant TBD***